



**Wilmslow
High School**



April – July 2010

- All clubs start at 3:20pm and last for one hour, unless stated otherwise
- This timetable may change before or during the term – amendments will be communicated via form tutors

ACTIVITY (Staff In Charge)	YEAR 7	YEAR 8	YEAR 9	YEAR 10	YEAR 11	YEAR 12 / 13
Active 1 (Mr Taylor)	Invite Only See Form Notice Board Monday (gym)	Invite Only See Form Notice Board Monday (gym)	Invite Only See Form Notice Board Monday (gym)	Invite Only See Form Notice Board Monday (gym)	X	X
Badminton (Mr McManus) Sports hall	Monday	Monday	Monday			Tuesday Club 7:30pm
Fitness Suite (Sports technician)	Closed To All Year 7	See Fitness Suite Timetable	See Fitness Suite Timetable	See Fitness Suite Timetable	See Fitness Suite Timetabl e	See Fitness Suite Timetable
Athletics (Mr Maw)	Thursday	Wednesday	Wednesday	Tuesday	Tuesday	Tuesday
Football (Girls) Large astro (Mr Mawer)	Monday	Monday	Monday			
Gymnastics (Miss Axon) Gym	Thursday	Thursday	Thursday	Thursday	Thursday	Thursday
Cricket (Mr Dooling)	Tuesday / Wednesday	Tuesday	Thursday	Thursday	X	X
Trampolining (Mrs Pemberton) Sports hall	Friday 3pm to 6pm	Friday 3pm to 6pm	Wednesday 3pm to 6pm	Wednesday 3pm to 6pm	Wednesd ay 3pm to 6pm	Wednesday 3pm to 6pm
Tennis (Mrs Kelsall)	Tuesday / Thursday	Tuesday / Thursday	Wednesday	Wednesday	Wednesd ay	Wednesday
Rounders (Miss Nolan)	Wednesday	Tuesday	Tuesday	Thursday	Thursday	
Skateboardin g (Mr Vincent) Outside the pavilion	Wednesday	Wednesday	Wednesday	Wednesday	Wednesd ay	Wednesday

BREAKFAST X-tra

All clubs begin at 8:10 am and finish at 8:45 am, unless stated otherwise

ACTIVITY (Staff)	YEAR 7	YEAR 8	YEAR 9	YEAR 10	YEAR 11	YEAR 12 / 13
Boxercise (Mr Fredericks)	Mon / Tues / Thurs Invite only	Mon / Tues / Thurs Invite only	Mon / Tues / Thurs Invite only	Mon / Tues / Thurs Invite only	Mon / Tues / Thurs Invite only	Mon / Tues / Thurs Invite only
Tennis (Mrs Kelsall)	Tuesday Invite Only 8.00 to 8.55	Tuesday Invite Only 8.00 to 8.55	Tuesday Invite Only 8.00 to 8.55	Tuesday Invite Only 8.00 to 8.55		
Cricket (Mr Dooling)	Friday Cricket Practice Sports Hall					

LUNCHTIME X-tra

All clubs begin at 12:45 pm and finish at 1:15 pm

Please see your form room timetable for details of lunchtime activities

- For venues and changing areas, please consult the information sheet on your form room Sports X-tra board
- Clubs are open to students of all ability levels
- Team sheets will be posted on the Sports Hall corridor and year group notice boards
- Students who have represented the school at Football / Rugby / Netball or Hockey are expected to attend athletics practice in preparation for next season
- Y10 GCSE students are expected to attend athletics practice in order to improve their practical assessments